

# PART A - THE NOTION OF UNITY

## A More Complete Worldview

Essentially, it is being revealed by both Science and Spirituality, we and everything around us are all made of the same stuff, i.e. energy vibrating at different frequencies which sometimes becomes 'clumped together' into physicality, such as constellations, solar systems and planets and out of which all sentient beings, including ourselves, arise and evolve.

But where did this energy come from? The reply we have been given is The Prime Source, First Cause, The Creator, which some people still call 'God', yet not in that religious, supernatural, existing-out-there, made-in-

the-image-of-man sense but in one which is more informed and rational.

This enhanced perspective, therefore, is 're-minding' us that Life is 'God', physicalised (and metaphysicalised); that we are not apart from 'God' but are a part of It; and that, since we and everything around us are interconnected, interdependent and interrelated (so-far-invisibly), We Are All One.

### The Meaning of Life

Then, why did 'God' explode out of no thing to form the cosmos? The answer received is so that It might experience Itself in all of Its splendour in the material world. For, although It knows conceptually (in the realm of the absolute where It resides) that It is magnificent, what It longed for was to know this feeling, experientially. And

the way in which It does is through us, Its spiritual children.

'God', therefore, that glorious originating dimension, in which there is no time or space, just Love (along with all of its derivatives and opposites), drummed up and then created, in the instant of 'The Big Bang', not only the seen but the unseen universe as well. The latter It accomplished by dividing Itself into an infinite number of 'units', some of which incarnate on this planet into a human life form, i.e. as you and me!

Hence, in addition to a body and a mind, each of us has a soul, the sole purpose of which is to evolve, a task we are able to perform, if we choose to, by 're-presenting the grandest version of the greatest vision of ourselves' in relation to all the events, people and

conditions which we draw to us during each lifetime for this purpose.

### A Troubled Planet

But, if we are the offspring of 'God' and It is so magnificent, why isn't Heaven already here on Earth?

The response to this question is simple. When we take up a new existence in the material realm, we forget Who We Are and Why We Are Here. Believing (incorrectly), therefore, that we are separate from each other and from 'God' and that we have to compete for what we require to be happy, we often behave, both individually and in groups, with aggression and violence towards each other.

So it is that, having lived in this culture of fear, separation and per-

ceived scarcity for thousands of years (and, consequently, become arranged, into pyramids of wealth and power), we have experienced so much conflict and destruction and been brought by this limited outlook to our current position, i.e. heading towards the edge of an abyss - and, perhaps, beyond!

### An Awakening Species

Then, how can we, the human race, overcome this predicament?

Again, the reply is simple and it is by each of us 're-remembering' Who We Are (and Why We Are Here) and, hence, becoming once more a member of the whole. <sup>1</sup>The Re-Cognition (i.e. knowing again) of the Notion of Unity is, therefore, important for, once it enters hearts and minds everywhere, i.e. The

Collective Consciousness, it will have many beneficial outcomes.

In particular, it will lay the necessary foundations for the deliberate creation of a caring, sharing, war-no-more, unified civilisation within which 'A Healthier, More Advanced Society' can become established, thereby providing a timely antidote to the rampant materialism which, at present, is imperiling this planet and turning a threatened breakdown into an exciting breakthrough! (See Part B.)

<sup>1</sup>to be celebrated annually on each of the Solstices?